

Vagus Nerve Stimulator (VNS) Magnet Swiping Instructions

Swiping Instructions:

- VNS is typically located over the left upper chest / left scapula (left upper back)
- Feel for the VNS through his/her shirt and “hold” the edges between your thumb and index finger of one hand
- With the other hand, take the magnet and smoothly of moderate speed move the magnet over the VNS (over the shirt is fine) between your fingers once:
- You have completed a swipe and activated the VNS for the programmed duration (typically 30-60 seconds)

